# Gravitational form factors of the pion: lattice QCD meets meson dominance

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- Form factors
- Gravitational form factor (GFF) of the pion
- Explanation of recent lattice QCD data with meson dominance
- $\bullet~\sigma$  meson in the scalar channel
- Comparison to pQCD asymptotics
- Sizes of distributions

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### Different probes of the structure



scattering amplitude =  $\sum$  tensorial structure  $\times$  form factor (scalar function) Extracted from scattering data and lattice QCD

"Gravitational": no need for gravitons, e.g.,  $\gamma\gamma^* \to \pi^0\pi^0$  or lattice, the probe is the energy-momentum tensor  $T_{\mu\nu}$ 

Recent activity: GFF of the electron [Berends, Gasmans, 1976, Freese, Metz, Pasquini, Rodini, 2022] ... deuteron [He, Zahed, 2024] ... light nuclei [García Martín-Caro, Huidobro, Hatta, 2023] ... charmonium [Xu et al., 2024] ... (pion, nucleon - lots)

# Definition of GFF (here for the pion)

... from  $\langle h(p')|T^{\mu\nu}(0)|h(p)\rangle$ . The stress-energy-momentum tensor is conserved,  $\partial_{\mu}T^{\mu\nu}(x) = 0$ For the pion (spin-0) two tensor structures allowed by Lorentz covariance and conservation:

$$\langle \pi^{a}(p')|T^{\mu\nu}(0)|\pi^{b}(p)\rangle = \delta_{ab} \left[2P^{\mu}P^{\nu}A(t) + \frac{1}{2}\left(q^{\mu}q^{\nu} - g^{\mu\nu}q^{2}\right)D(t)\right]$$

a,b - isospin,  $P = \frac{1}{2}(p'+p)$ , q = p'+p,  $t = q^2 = -Q^2$ 

Long history: Pagels 1965, K. Raman 1971, Łopuszański 1974, ...,  $\chi$ PT: Donoghue, Leytwyler 1991 Properties:

$$A(0) = 1, \quad D(0) = -1 + \mathcal{O}(m_{\pi}^2)$$

#### Relation to GPD

$$\int_{-1}^{1} dx \, x H^{I=0}_{\pi}(x,\xi,t)) = A(t) + \xi^2 D(t), \quad \xi$$
 - skewness

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#### Lorentz properties

$$\langle \pi^{a}(p') | \Theta^{\mu\nu}(0) | \pi^{b}(p) \rangle = \delta_{ab} \left[ 2P^{\mu}P^{\nu}A(t) + \frac{1}{2} \left( q^{\mu}q^{\nu} - g^{\mu\nu}q^{2} \right) D(t) \right]$$

$$\Theta^{\mu}_{\mu} \equiv \Theta(t) = 2\left(m_{\pi}^2 - \frac{t}{4}\right)A(t) - \frac{3t}{2}D(t)$$

 $\Theta^{\mu\nu}$  can be decomposed into a sum of two separately conserved irreducible tensors corresponding to well-defined total angular momentum,  $J^{PC} = 0^{++}$  (scalar) and  $2^{++}$  (tensor):

$$\Theta^{\mu\nu} = \Theta^{\mu\nu}_S + \Theta^{\mu\nu}_T, \qquad \begin{cases} \Theta^{\mu\nu}_S = \frac{1}{3} \left( g^{\mu\nu} - \frac{q^{\mu}q^{\nu}}{q^2} \right) \Theta\\ \Theta^{\mu\nu}_T = 2 \left[ P^{\mu}P^{\nu} - \frac{P^2}{3} \left( g^{\mu\nu} - \frac{q^{\mu}q^{\nu}}{q^2} \right) \right] A \end{cases}$$

Since  $\Theta$  and A carry the information on good  $J^{PC}$  channels, they should be regarded as the primary objects, whereas D mixes the quantum numbers:

$$D = -\frac{2}{3t} \left[ \Theta - \left( 2m_{\pi}^2 - \frac{1}{2}t \right) A \right]$$

Physical meaning: "energy, pressure, stress distribution"  $T^{00}$  – energy, ,  $T^{ii}$  – pressure, ,  $T^{ij}$ ,  $i \neq j$  – stress [M. Polyakov 2003, Polyakov, Schweitzer 2018, Ji 2021, Lorcé, Metz, Pasquini, Rodini 2021, ...]

$$\frac{\langle \pi_{\text{rest}} | \int d^3 r \, T^{\mu\nu}(\vec{r}) | \pi_{\text{rest}} \rangle}{\langle \pi_{\text{rest}} | \pi_{\text{rest}} \rangle} = \text{diag}(m_{\pi}, 0, 0, 0)$$

Balance of pressure,  $\int d^3r \, p(r) = 0$  (p(r) must change sign)

Also,  $m_{\pi} \int d^3r r^2 p(r) = D(t=0)$  and for the shear forces  $-\frac{4}{15}m_{\pi} \int d^3r r^2 s(r) = D(0)$ 

#### D - Druck term

Since D(0) < 0, p(r) must change from + at low r to - and high r

Trace anomaly

$$\partial^{\mu}D_{\mu} = \Theta^{\mu}_{\mu} \equiv \Theta = \frac{\beta(\alpha)}{2\alpha}G^{\mu\nu a}G^{a}_{\mu\nu} + \sum_{q}m_{q}\left[1 + \gamma_{m}(\alpha)\right]\bar{q}q$$
$$\beta(\alpha) = \mu^{2}d\alpha/d\mu^{2}, \ \alpha = g^{2}/(4\pi), \ \gamma_{m}(\alpha) = d\log m_{q}/d\log\mu^{2}, \ \alpha \sim 1/\log Q^{2}$$

Scale dependent decomposition  $\Theta^{\mu
u}=\Theta^{\mu
u}_q+\Theta^{\mu
u}_g$  (not analyzed here)

pQCD ( $t \rightarrow \infty$ ) [Tong, Ma, Yuan, 2021, 2022]:

$$A(t) = -48\pi f_{\pi}^{2} \alpha(t)/t + \mathcal{O}(\alpha(t)^{2}/t)$$
  

$$D(t) = +16\pi f_{\pi}^{2} \alpha(t)/t + \mathcal{O}(\alpha(t)^{2}/t)$$
  

$$\Theta(t) = -t/2(A+3D) = 16\pi f_{\pi}^{2} \beta[\alpha(t)] \simeq -4f_{\pi}^{2} \beta_{0} \alpha(t)^{2} + \mathcal{O}(\alpha(t)^{3})$$

Recall that the EM ff is  $F_{\pi}(t) = -16\pi\alpha(t)f_{\pi}^2/t + \mathcal{O}(\alpha(t)^2/t)$ 

$$m_q \langle \pi(p') | \bar{q}q(0) | \pi(p) \rangle \sim m_\pi^2 f_\pi^2 \alpha(t) / t$$

Low-energy constraints A(0) = 1,  $D(0) = -1 + \mathcal{O}(m_{\pi}^2) \rightarrow \Theta(0) = 2m_{\pi}^2$ ,  $d\Theta(t)/dt|_{t=0} = 1 + \mathcal{O}(m_{\pi}^2)$ 

# Early model estimate

Chiral quark models:  $\langle r_2 \rangle_A = \frac{1}{2} \langle r_2 \rangle_{EM}$  - A distribution more compact than charge [WB, ERA, 2008]



Lattice [Brommel 2007] vs meson dominance [Masjuan, ERA, WB, Phys.Rev.D 87 (2013) 1, 014005]  $(A_{20}(t) \equiv \frac{1}{2}A_q(t)$  - quark part)

At that time  $D_q(t)$  very noisy, no gluons

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#### Determination from the Belle data



[Belle, 2015]

Prospects at super-KEKB, ILC!

[Kumano, Song, Teryaev, 2015] (GDAs)  $\rightarrow$ 

$$\langle r^2 \rangle_A = (0.32 - 0.39 \text{ fm})^2$$
  
 $\langle r^2 \rangle_D = (0.82 - 0.88 \text{ fm})^2$   
recall  $\langle r^2 \rangle_{EM} = (0.656 \pm 0.005 \text{ fm})^2$  (PDG 2021)

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# Recent MIT data

[Phys.Rev.D 108 (2023) 11, 114504 & D. Pefkou, PhD Thesis]

Unprecedented accuracy, both quarks and gluons,  $m_\pi = 170~{
m MeV}$ 

(below the total q+g used, as it corresponds to the conserved current  $\rightarrow$  renorm invariant)



Allows for more stringent tests and general understanding

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# Analyticity



Question of obtaining the spectral density  $\rho(s)={\rm Im}f(s)=[f(s\!+\!i\epsilon)\!-\!f(s\!-\!i\epsilon)]/(2i)$ 

$$e^{s} \quad \rho(s) = \begin{cases} \rho_{\rm ChPT}(s) & 4m_{\pi}^2 \le s \lesssim m_{\rho}^2 \\ \rho_{\rm R}(s) & m_{\rho}^2 \lesssim s \le \Lambda_{pQCD}^2 \\ \rho_{\rm pQCD}(s) & \Lambda_{pQCD}^2 \le s \end{cases}$$

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# Contributions to spectral density

Typically, one expects



(not necessarily positive-definite)

Meson dominance = resonances dominate (at some intermediate  $Q^2$ ) the dispersion relations

#### Cartoon view

# pQCD Chiral Perturbation Theory meson dominance

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# **Dispersion relations**

According to analyticity, GFFs satisfy dispersion relations. Once-subtracted form:

$$A(-Q^2) = 1 + \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \frac{s}{s'} \frac{\mathrm{Im}A(s')}{s' + Q^2 - i\epsilon}, \qquad D(-Q^2) = D(0) + \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \frac{s}{s'} \frac{\mathrm{Im}D(s')}{s' + Q^2 - i\epsilon}$$

 $\mathsf{pQCD:} \lim_{Q^2 \to \infty} A(-Q^2) = \lim_{Q^2 \to \infty} D(-Q^2) = 0 \text{ (vanish as } 1/Q^2 \text{ mod logs)} \to \mathsf{sum rules}$ 

$$0 = 1 - \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \frac{\mathrm{Im}A(s')}{s'}, \quad 0 = D(0) - \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \frac{\mathrm{Im}D(s')}{s'}$$

Similarly 
$$\Theta(-Q^2) = 2m_{\pi}^2 + \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \frac{s}{s'} \frac{\mathrm{Im}\Theta(s')}{s' + Q^2 - i\epsilon} \to 0 = 2m_{\pi}^2 - \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \frac{\mathrm{Im}\Theta(s')}{s'}$$

Also 
$$\lim_{Q^2 \to \infty} Q^2 f(-Q^2) = 0 \to 0 = \frac{1}{\pi} \int_{4m_{\pi}^2}^{\infty} ds' \operatorname{Im} f(s'), \quad f = A, D$$

hence spectral densities of A, D (and also  $\Theta$ ) must change sign!  $\leftarrow$  from QCD constraints

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# Large $N_c$ and meson dominance

t Hooft, Witten: At large  $N_c$ , amplitudes are saturated by tree-level diagrams with towers of mesons in intermediate states  $\rightarrow$ 

$$\operatorname{Im} A(s) = \sum_{T} c_T M_T^2 \pi \delta(M_T^2 - s), \quad \operatorname{Im} \Theta(s) = \sum_{S} c_S M_S^4 \pi \delta(M_S^2 - s)$$

Dispersion relations  $\rightarrow$ 

$$A(-Q^2) = 1 - \sum_T \frac{c_T Q^2}{M_T^2 + Q^2}, \quad \Theta(-Q^2) = 2m_\pi^2 - \sum_S \frac{c_S Q^2 M_S^2}{M_S^2 + Q^2}$$

 $\sum_T c_T = 1$  (since  $A(-\infty) = 0$  and (in the chiral limit)  $\sum_S c_S = 1$  ( $\Theta'(0) = 1$ ) We take one meson per channel,  $f_2(1275)$  and  $f_0(975)$ 

$$A(-Q^2) = \frac{m_{f_2}}{m_{f_2}^2 + Q^2}, \quad \Theta(-Q^2) = 2m_{\pi}^2 - \frac{Q^2 m_{\sigma}^2}{m_{\sigma}^2 + Q^2}$$

GFF of the pion

Formula for  $D(-Q^2)$  follows. Only  $m_\sigma$  is fitted



(our way of taking advantage of the MIT data)

 $m_{f_2}=1.275$  MeV,  $m_{\sigma}=0.64(2)$  GeV, band width in D and  $\Theta$  - 68% CL

#### Scalar spectral function

$$\Theta(-Q^2) = 2m_{\pi}^2 - \frac{Q^2}{\pi} \int_{4m_{\pi}^2}^{\infty} ds \frac{\text{Im}\Theta(s)}{s(s+Q^2)}$$

Spectral density from physical phase shifts [Donoghue, Gasser, Leutwyler, 1990] or [Celis, Cirigliano, Passemar, 2013] (Watson's theorem, Omnès-Muskhelishvili-type coupled-channel equations)



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# Spectral modeling vs lattice (main slide)



• Lattice consistent with "meson physics", also and in particular in the scalar channel

• pQCD far away!

#### Retrospect: EM ff of the pion

- low  $Q^2$   $\chi PT$   $Q^2 = q^2 = -t$
- high  $Q^2$  pQCD:  $F_{\pi}(Q^2)Q^2 \to 16\pi\alpha(Q^2)f_{\pi}^2 \left[1 + 6.58\alpha(Q^2)/\pi + ...\right]$  (far away!)
- intermediate  $Q^2$  meson dominance (Sakurai ...):  $F(Q^2) = \frac{1}{1+Q^2/m_o^2}$  (or sum over resonances)



$$\langle r^2 \rangle_A = (0.38 \text{ fm})^2, \ \langle r^2 \rangle_D = (0.71 \text{ fm})^2, \text{ also } D(0) = -0.98$$

where

$$\langle r^2 \rangle_f = 6 \left. \frac{df(t)/dt}{f(t)} \right|_{t=0} \left( = \frac{\int d^3 r \, r^2 \hat{f}(r)}{\int d^3 r \, \hat{f}(r)} \right)$$

Since  $\langle r^2 \rangle_{EM} = (0.659(4) \text{ fm})^2$ , the spatial distribution of A is much more compact than charge [WB, ERA, 2008], while D it is a bit less compact than charge

#### Conclusions

- Recent lattice results for gravitational ff of the pion fully compatible with meson dominance at "intermediate" values of  $Q^2$
- Important to look at the data in good spin channels
- Solution Tensor channel on the lattice: just  $f_2(1275)$
- Scalar channel ( $\Theta$ ) modeled with dispersion relations and physical spectral density (a way to include a broad  $\sigma$  meson
- Spectral densities must change sign
- Much higher  $Q^2$  needed to approach pQCD (similarly to EM ff)
- **③** Spatial distribution of A more compact than charge, charge more compact than D
- Super-KEKB and ILC can measure GDAs
- For the nucleon similar story expected (3 structures, more mesons per channel needed to satisfy the QCD constraints), cf. [Masjuan, ERA, WB, 2013]

One sees mesons all over the lattice!